

The PARASCOPE

THE BI-MONTHLY NEWSLETTER OF THE KEYSTONE CHAPTER OF THE PARALYZED VETERANS OF AMERICA
VOLUME XVI, ISSUE 6
NOVEMBER-DECEMBER 2018

Keystone Chapter members roll in Veterans Day parade



Keystone Paralyzed Veteran **Tom Strang** reaches for the hand of a well-wisher and Chapter President **Mark Rosensteel** rolls nearby during the 2018 Pittsburgh Veterans Day Parade. They are followed by member **Dane Smith** driving the chapter minivan and **Greg Farrell** driving his vintage Mercury convertible.

Flag-waving children cheered all veterans as they rolled by on a cold and blustery day.

Lunch at the Wyndham Grand Hotel awaited the Keystone Paralyzed Veterans unit at the end of the parade route. All members are always welcome to walk and roll in the parade.



The next Membership Meeting will be held Saturday, 08 December 2018 See back page for details.

Paralyzed Veterans of America, Keystone Chapter

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Mark Rosensteel elected Keystone PVA president

At the October meeting of the Keystone PVA Board of Directors, Mark Rosensteel was unanimously elected president, succeeding Jim Riemer, who is now the immediate past president.

Mark has served on the Board since October 2015 when he was elected by the membership to fill the seat previously held by Gary Orlando Sr.

Mark has a particular interest in promoting air rifle shooting, which he does through a program held at the HealthSouth Harmarville facility in Allegheny County, and competes in at the National Veterans Wheelchair Games each year. His report (below) tells more.

Mark is a resident of Apollo, Pa., in Westmoreland County, and is an Air Force veteran.

Jim Riemer remains on the Board as an elected director, but in the event Mark remains president past Jim's elected term, Jim would remain on the Board as immediate past president. Jim brings over 20 active years of membership experience to his continuing involvement with the Keystone chapter.

President's report . . . Mark Rosensteel

At 4:30 p.m. every Tuesday, HealthSouth Harmarville holds air rifle clinic/practice in its gymnasium. This activity is hosted by the Hope Network and Kim Bish is the instructor. All are welcome and there is room for up to eight shooters at a time. Practice usually lasts two hours; we use .177 caliber air rifles. HealthSouth has at least four air rifles there for anyone to use for this practice and you are allowed to bring your own air rifle.

These sessions will continue through the winter months, weather permitting. Naturally if roads are bad, sessions will be canceled through email or text message. To receive an email or text message you will have to be added to our list. Kim Bish can be reached at hopenetworkkim@gmail.com, and she will give you more information. Or you can contact me at guardian2009@hotmail.com.

As always these practices will lead up to our annual air rifle competition held in March. Each shooter will be in a category of her/his own, such as SH 1 or SH 2. For those of you who have never shot before I will give you the rundown. All shooters shoot from a table, some shooters such as SH 1 shoot without adaptive assistance. SH 2 shooters use a stand to help them hold the gun. For those unable to pull a trigger sip-and-puff trigger devices are available.

HealthSouth Harmarville is located at 320 Guys Run Road, Pittsburgh PA 15238, which is in Indiana Township but very close to Fox Chapel. "Shoot" me an e-mail if you would like to know more.



Counting the votes (above photo) in August for the chapter's annual Board of Directors election were associate members and always dependable volunteers (left to right) **Sarah Jarvis, Shirley Wheaton, and Agnes Strang.**

Paralyzed Veterans of America Vice President **Robert Thomas** (at right in the photo below) visited the Keystone chapter for two days in October to review operations and programs. In the photo below, he talked to chapter Secretary **Bill Lightner** (blue shirt, left), associate member **Dwaine Crytzer** (red shirt), and Board member, now president, **Mark Rosensteel**. Vice President Thomas is the chapter's liaison VP, in the chapter's line of authority to national PVA.



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Sports and Recreation report . . Jerry “Bull’ Baylor, Sports Director

The **Quad Rugby** schedule for the next few months is Columbus, Ohio – 01 & 02 December; West Palm Beach, Florida – 18 through 20 January; and Akron, Ohio – 02 & 03 February 2019 (tentative date).

We switch gears for the **Veterans Art Show** 30 & 31 January at the VA Pittsburgh Healthcare System’s H. J. Heinz Campus. All entries need to be submitted by 4:00 p.m. on 15 January. Contact Krystal Neal for further information at 412-822-3083 or by email, KrystalNeal@va.gov.

Hunting season is here and we would appreciate it if you would **inform us of how you do** so we can publish them here.

The deadline to sign up for the 33rd **National Disabled Veterans Winter Sports Clinic** is 15 December. You can download and print your application at www.wintersportsclinic.org. The clinic takes place from 30 March to 06 April 2019.

We want you to keep in shape over the winter because the **National Veterans Wheelchair Games** take place 11 through 16 July 2019 in Louisville, Kentucky. All requests for sponsorship for the Games are required to be in the chapter office and postmarked by 31 December 2018. Use the form on page 9 of this issue of the Parascopes, and carefully read the last paragraph, the long one filled with small print at the bottom.

Keep up to date on sports and recreation by reading this newsletter, PN Magazine, and Sports & Spokes Magazine. If you have any questions about wheelchair sports, please contact me and I will do my best to help you. You can reach me by email at jeb1369er@aol.com or call me at 412-855-7139.



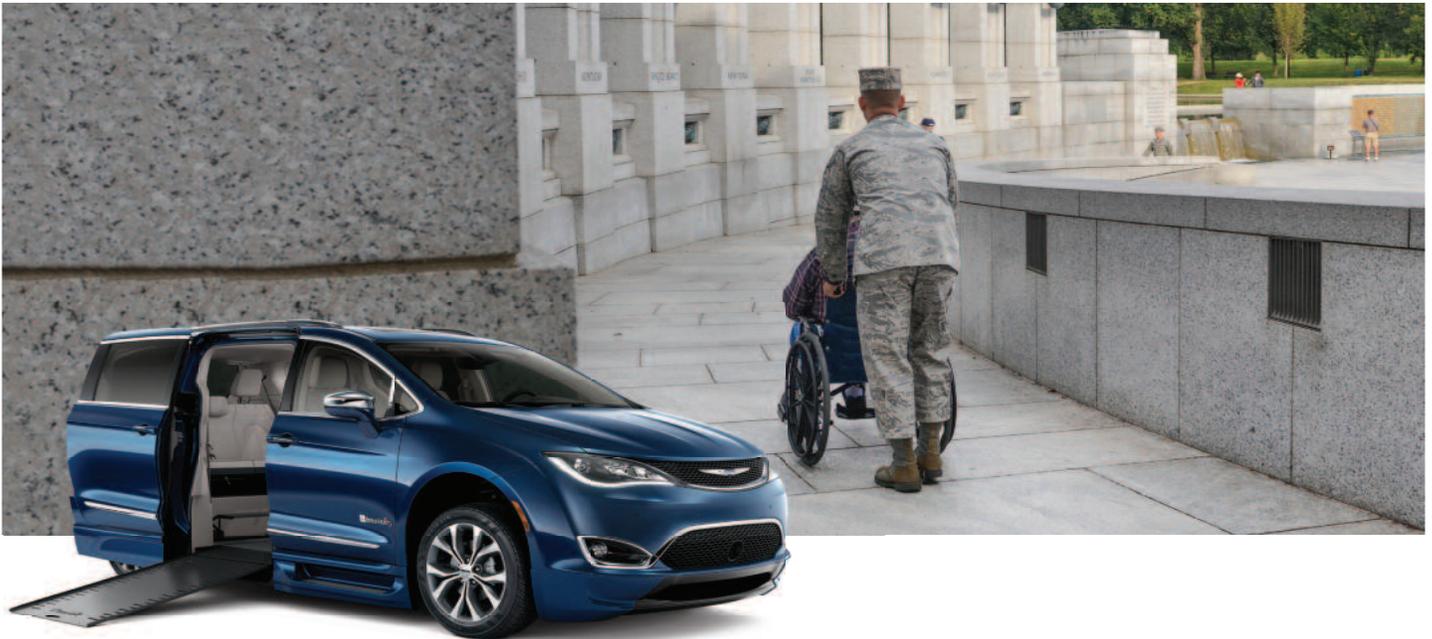
Keeping active, keeping healthy

Keystone PVA member David Gifford keeps up his health and strength by staying active in a variety of activities. In the photo left, David constructs a fly fishing rod with Healing Waters instructor Bill Hays.

Below, David participated in the 3-2-1 Tim’s Tour, a 25-mile bike race around a 25-mile Pittsburgh-based course which was held in October. David uses a recumbent hand-powered racing cycle, but the race, which benefits cancer treatment and work toward a cure, permits the entry of all kinds of bikes.



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Hunting and Fishing Events Tom Strang, Associate Sports Director

For fishing and hunting in Pennsylvania, a valid Pennsylvania hunting or fishing license is required. Life members should keep their hunting or fishing license and/or hunting license receipts so Keystone PVA can reimburse them. Part of our mission is to have the best angling and hunting events for our members and all persons with disabilities to experience improved health, self-esteem, confidence and independence.

Hunting with Wounded Warriors of Western Pennsylvania – Deer hunting for disabled hunters in Washington County area 2B is sponsored by the Wounded Warriors of Western Pa. President Jeff Curtis invites disabled veterans to hunt deer, turkey, pheasant, and coyote. This organization also sponsors an early antlerless deer hunt in October. (This organization is not affiliated with the Wounded Warriors Project.) For more information call Jeff at 724-328-4037.

Hunts at the WCJ Ranch – Deer and turkey hunts for disabled hunters are available in Crawford County area 1B, northwest Pennsylvania, at the WCJ Ranch, 20397 North Richmond Road, Cambridge Springs, Pa. 16403-6834. Please call Shawn Schmitz in advance for an appointment, 814-724-1930.

Dream Catchers Hunt of a Lifetime – Located at Straight Pine Elk and Deer Hunting Preserve, near Middleburg Pa., Snyder County. You must fill out an application online at www.dreamcatchershunt.com.

Wyoming Disabled Hunters offers elk and deer hunts near Cody, Wyoming. To apply, call 304-899-0790 or go to www.wyomingdisabledhunters.org.

Fishing with Healing Waters – Attend rod building and fly tying classes and attend fishing outings. For information contact Amanda Thompson, mobile 412-877-7864 or www.facebook.com/PHWFFPittsburgh.

Bow and Cross Bow deer and antelope hunts for disabled hunters: join Physically Challenged Bowhunters of America. For an application, go to their website, www.pcba-inc.org.



Jean and Bill Jakovac traveled to Clarion to staff a table at State Representative Donna Oberlander's Veterans Expo. Stopping by was **Ed Dornbrock** (*standing*), a World War II (Army, Army Air Corps, and Air Force) veteran who is also the father of Keystone PVA Executive Director Joe Dornbrock.



Member **Rex Nichols** shot this eight-point buck at the WCJ Ranch in Crawford County, Pa., with his Tenpoint Carbon Nitro RDX Crossbow on 07 November. He also got a doe there on 18 October during the early doe rifle season for disabled hunters.

STUFF

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Four primary wheels (rear wheel drive) and two anti-tip wheels.
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Delaware Valley Veterans' Home, Phila., 215-856-2718
Gino J. Merli Veterans' Center, Scranton, 570-961-4348
Hollidaysburg Veterans' Home, Hollidaysburg, 814-696-5352
Pennsylvania Soldiers' & Sailors' Home, Erie, 814-878-4917
Southeastern Veterans' Center, Spring City, 610-948-2406
Southwestern Veterans' Center, Pittsburgh, 412-665-6782

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Annual Banquet again delivers fun, food and fellowship



The 57th Annual Awards Banquet was held on Thursday, 04 October 2018 at the Hampton Banquet Hall in Gibsonia, Pa. Five awards were presented, and four of the awardees are shown above, left to right: Chapter member **Dane Smith**, who received the Sports & Recreation Award; Sharpsburg Borough Manager **Bill Rossey**, recipient of the Friend of Keystone PVA Award; VA Regional Office Management Analyst **Jason Miller**, who received the John F. Smerbeck, Jr., Award; and **Sarah Congie**, R.N., recipient of the Volunteer of the Year Award.

Photo, below left: Albert Gallatin School District Jr. Reserve Officer Training Corps Commander Lt. Colonel **Wayne Sodowsky** (*left*) administered the oath of office to newly re-elected directors (*center to right*) **Chris Fidler**, **Mark Rosensteel** and **Bill Jakovac**.

Photo, below right: **Agnes Strang** (*right*) conducted the door prize and raffle drawings with the help of the Albert Gallatin Jr. ROTC cadets.



CHAPTER SPONSORSHIP FORM

39th National Veterans Wheelchair Games Louisville, Kentucky – 11 through 16 July 2019



All members planning to attend the 39th National Veterans Wheelchair Games in Louisville and who want the chapter to pay for transportation and lodging must submit **this chapter sponsorship form** to
Keystone PVA, 1113 Main Street, Pittsburgh, PA 15215.

**ALL SPONSORSHIP FORMS MUST BE POSTMARKED NO LATER THAN 31 DECEMBER 2018.
THERE WILL BE NO EXCEPTIONS.**

After applying for this chapter sponsorship, each athlete must then submit his/her completed **N.V.W.G. application form**, which will be available **ONLY** by downloading it from the PVA website (www.wheelchairgames.org/registration) after the beginning of the year.

Sponsorship forms received after 31 December 2018 WILL NOT be considered.

Prior to the Chapter approving your request for sponsorship, each applicant must be a member in good standing with Keystone PVA and must accumulate twelve (12) points by 28 February 2019 using Keystone PVA's health and recreation points system (see page 12), which also requires attendance in person at no less than one Keystone PVA Membership Meeting. Exceptions will be made for first time (novice) members attending the wheelchair games. Keystone PVA funding is limited, so the amount of chapter funding for each participant will depend on the total number of applicants.

THIS FORM MUST BE POSTMARKED NO LATER THAN 31 DECEMBER 2018

The deadline for National PVA to receive your application (*your APPLICATION, not this sponsorship form*), is 15 April 2019

NAME: _____ DATE of BIRTH: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ E-MAIL _____

ATTENDANT'S NAME (if needed) _____ DATE of BIRTH: _____

Please check here if you want us to make reservations for your hotel room.

Please read the following statement. Print your name on the line immediately below. Your signature and the end of the statement constitutes your agreement:

I, _____ certify that I am a "Life Member" in good standing of the Keystone Chapter of the Paralyzed Veterans of America (a.k.a. Keystone PVA) who expects to meet all conditions set by the U. S. Department of Veterans Affairs and of Keystone PVA to participate in the National Veterans Wheelchair Games (a.k.a. NVWG) in Louisville, Kentucky, from 11 through 16 July 2019. I understand that in participating in the NVWG, Keystone PVA will pay for up to seven nights of single-room lodging per Life Member, and will reimburse each Life Member at the rate of \$0.54 per mile for round-trip ground transportation from the Life Member's home to the primary NVWG venue, the exact route to be used for reimbursement calculation to be determined by Keystone PVA. Keystone PVA is under no obligation to pay for any other expenses unless specifically permitted in advance of the NVWG by the Board of Directors. Should I become unable to attend the Wheelchair Games, I agree to notify Keystone PVA as soon as I know. Should I not notify Keystone PVA in a timely manner and Keystone PVA incurs expenses on my behalf, I will repay Keystone PVA for those expenses except when those circumstances arise within 48 hours of the start of the Games and when those circumstances are demonstrably beyond my control.

Signature _____ Date _____



Your Responsibilities if Receiving VA Benefits

If you are receiving Veterans Benefits you have certain reporting responsibilities.

For example, if you are receiving VA compensation that is rated 30 percent or above, you may receive dependency payment addition to your compensation. This can be arranged by completing a VA form 21-686c, DECLARATION OF STATUS OF DEPENDENTS. With this form you must submit copies of birth certificate, marriage certificates and possibly any divorce decrees. If there are any changes in your dependency status such as possible deaths, divorces or dependents leaving a household, these must be reported immediately so as not to cause any overpayments.

If you are receiving the VA benefit of non-service connected pension for wartime-era veterans, dependency changes of any kind also must be reported immediately. With this pension benefit - since it is income based - any income changes also must be reported immediately to the VA so as also to stop any possible overpayments.

If you are in receipt of the VA benefit of Unemployability, each year, you are required to complete and return the VA form 21-8940, Employment Questionnaire. This form is used to report if during the past year you may have had any employment. If not, you just check no and return the VA form as required. The VA does check with Social Security and the IRS through income match on a regular basis. If income is reported, this also may also cause a possible overpayment.

If you are receiving any monetary VA benefits, they must be deposited by direct deposit to your financial institution. This can be completed by using the VA form 24-0296, DIRECT DEPOSIT ENROLLMENT or using the Financial Institution form from your banking agency. You must remember to never close out an old direct deposit account without the funds being deposited at least two months in a row. The VA funds could be returned as a lost check if the account information does not match or if there could be some sort of transfer error. VA funds do take awhile to be returned and then to be reissued. This does not happen overnight, so be careful when you change banking accounts.

Address changes must be completed at both the VA Regional Office (VARO) and at your VA Medical Center (VAMC). A VAMC address change can be completed by calling the VAMC or by reporting the change when you check in to your appointment. Changing an address at a VAMC does not change your mailing address at your local VARO. Address change through a VARO can be completed by using a VA Form 20-572, Request for Change of Address/Cancellation of Direct Deposit. Because of possible identity theft, when you change your address and or bank account the VARO may send you a letter to verify you are making the change. Be sure to respond to the letter so the changes can be completed.

If you have any questions concerning your VA Benefits or issues with your local VA Medical Center, please contact your local PVA NSO or PVA Veteran Health & Benefits Specialists.

If you can't join us for the banquet . . .



. . . Perhaps we can bring some of the ceremonies to you! Not able to attend the Annual Awards Banquet, **Sharon McConnell** (center) received her Frank Steck SCI Coordinator Award from VA Pittsburgh Healthcare System Director **Karin McGraw** (left) and Keystone PVA Executive Director **Joe Dornbrock** at her workplace at the VAPHS Heinz Campus a few days after the banquet. Sharon is a healthcare technician, part of the Spinal Cord Injury Clinic team at the Heinz Campus.

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WheelsHelpingWarriors.org

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Keystone Chapter Health and Recreation Points System

To be eligible for chapter sponsorship to the National Veterans Wheelchair Games and other recreational programs, a member may earn points by participating in these activities. Sponsorship by the chapter requires 12 points per EACH event.

Attendance at a Keystone PVA membership meeting	3 points
Attendance at a Keystone PVA membership activity, <i>e.g., Easter Bag distribution, Fish for Fun, Kennywood Picnic, Annual Awards Banquet</i>	2 points
Return SCI Survey following Annual SCI Appointment	2 points
Volunteer at a V.A. Hospital (4 hours or more)	2 points
Volunteer for Keystone PVA (4 hours or more)	2 points
Work out at V.A. or Rehab center with coach or therapist	1 point
Participate in a Keystone PVA sponsored sports or recreational activity, <i>e.g., bowling, fishing, hunting, trapshoot, etc.</i>	1 point
Sign up a regular voting member	2 points
Represent Keystone PVA at community functions, <i>e.g., Sharing and Caring, Soldiers & Sailors, United Cerebral Palsy, Veteran Support Groups</i>	2 points
Ride, walk or roll in a Veterans Day Parade	3 points

- ☛ Members are required to attend at least one Membership Meeting prior to attending a sponsored event.
- ☛ To receive credit for mileage, volunteer time & points, member MUST forward a Time Sheet—Volunteer Program Report (formerly titled the “Keystone PVA Volunteer Expense Voucher”) and an After Action Report to the chapter office by the close of business on the 7th day of the following month. If the office is closed on the 7th, expense vouchers are due by the close of business the next working day.
- ☛ All volunteers at the VA Medical Centers must complete volunteer training and receive a volunteer ID card. The volunteer hours MUST be in the name of PVA. Volunteer is responsible for forwarding the monthly VA Volunteer by Organization Report (VS26) to the chapter office by the end of the following month to receive travel expenses.

For more comprehensive information on chapter programs, refer to Operations Manual Section 8, which was sent to every member. You can access “Ops Man Section 8” on the chapter web site, www.kpva.org, or by calling the office.

MEMBERSHIP PROGRAMS

- ☛ All receipts submitted for reimbursement must be dated within the Chapter’s current fiscal year, 01 October—30 September.
- ☛ The Chapter has an annual picnic at Kennywood Amusement Park and an Annual Awards Banquet.
- ☛ Keystone PVA will reimburse voting members for their annual resident hunting license, with a limit of one (1) Antlerless Deer License annually. Member must send a copy of all licenses and a receipt to obtain reimbursement. The cost of a resident fishing license will be reimbursed. Members may also be reimbursed for their membership dues for sports club memberships.
- ☛ **Member Recreation Reimbursement Fund.** Keystone PVA will reimburse voting members up to \$100 for attending any recreational event one time during the fiscal year or until the fund is depleted. Member must send receipts within 30 days of the event to the chapter office including a short description of the outing; good photos appreciated.
- ☛ The Chapter currently has a weekly bowling league available to members as a recreational activity and to practice for the National Veterans Wheelchair Games (NVWG). Scores are in the newsletter and awards will be presented at the Chapter annual banquet. The Chapter may also reimburse members for other activities offered at the NVWG such as trapshooting and archery.
- ☛ Reimbursement for hunting, trapshooting and fishing programs that Keystone PVA supports or sponsors.
- ☛ Members that accumulate 12 points or more by attending membership meetings, attending Chapter functions, volunteering at VA medical centers, etc., qualify to participate in the Keystone PVA Sports and Recreation Program.
- ☛ All program expenses must be approved by the Keystone PVA Board of Directors.

HAPPY BIRTHDAYS!

December

01 Patrick Gantz
 01 Lisa Litzenberger
 01 Constance Snavelly
 03 Billy Henry
 03 W. Michael Johnson
 06 William N. Wall
 07 Roger W. Baker
 07 William Lightner
 09 Joseph Jarvis
 09 James Zeik
 10 John Balocik
 10 Karen Switzer
 11 Marc McCoy
 12 Mark Burkhardt
 12 Steven Price
 13 Thomas Caulfield
 13 James D. Evans
 14 Thomas Parke
 14 Kent Smith
 15 Henry W. Hillen Jr.
 16 David Amaditz
 16 James Dray
 16 Sue Sarocky
 17 John Meinert
 19 Barbara Ebright
 19 Lawrence Wheeler
 20 Mark Babuschak



If we missed your birthday, let us know!

Give us a ring at the chapter office, 800-775-9323, if you spot an error.

Many happy wishes to all our members, associates, and volunteers!

22 Roberta Houston
 25 James King
 27 Joseph Pagan
 28 Thomas MacDonald
 29 Thomas Szmed
 30 Jerry Baylor

January

04 Keith W. Gilcrist Sr.
 04 Terrisa Hohn

05 John Fisher
 07 William Driscoll
 07 John Lightner
 07 James Moore
 08 Christopher Fidler Sr.
 08 Timothy Smiley
 09 Barrett Ely
 09 Edward Fink
 09 Daryl Lee
 13 Raymond Lookhart
 14 Edith Bernstein
 17 Don Bartholomew
 17 Joseph Kostich
 17 Jennifer Strang
 18 Patrick Nicklow
 19 Dan McDonough
 20 Dennis Wilcox
 21 Tom W. Strang
 23 Richard Breneman
 23 Daniel J. Dougherty
 24 Stephen F. Zimmerman
 28 John P. Feltoovich
 29 Shirley Wheaton
 30 Matthew Fritz

PHOTO CREDITS. Photos taken or supplied by David Gifford, page 4; WCJ Ranch, page 6 (lower right); and Hema Murthy, page 11. All other editorial photos by Keystone PVA staff.

ADVERTISING in THE PARASCOPE

The Parascope is published bi-monthly. Deadline for submission of advertising is the 15th day of the month prior to the cover date. Example: Advertising for the issue for January-February will be due no later than 15 December. CLASSIFIED ADVERTISING: The charge is \$20.00 for 15 words (each additional word is \$.35). Your name and address or phone number counts as five words. CONTACT THE OFFICE FOR PAYMENT TERMS—412-781-2474. REGULAR MEMBERS of Keystone PVA qualify for up to a quarter-page advertisement free of charge. Members' ads larger than a quarter-page will be half the price of the regular page. DISPLAY ADVERTISING RATES:

SIZE OF AD	One issue	Three issues	Six issues
1/8 page	\$ 20.00	\$ 50.00	\$ 90.00
1/4 page	\$ 40.00	\$100.00	\$180.00
1/2 page	\$ 80.00	\$200.00	\$360.00
Full page	\$160.00	\$400.00	\$720.00

Membership Report Tom Strang, Membership Officer

The primary site for the October Membership Meeting was the H. J. Heinz III Campus of the Pittsburgh VA Healthcare System. Joining the meeting were members at the Erie VA Medical Center and the Lebanon VAMC. Total attendance was 23, including 14 life members and four associate members. Reports were given by chapter officers, including National Director Bill Jakovac's report on the PVA Fall Board meeting, which he, Board member Mark Rosensteel, and Executive Director Joe Dornbrock attended. Mr. Baylor listed many upcoming athletic events plus Soup Day at the Heinz Campus of the VAPHS, and the Veterans Art Contest on 30-31 January at the Heinz Campus of the VAPHS.

Members must attend a designated Membership Meeting site in person to earn Health and Recreation Points. But members may call in, at no cost to the member, from other locations to participate by audio only. Contact the chapter office for details.

We welcome our new member

David L. Fry, Gibsonia, Pa., U. S. Air Force

and we mourn the passing of our member

Michael T. Lynch, Verona, Pa., on 26 August 2012 (20-year member, Marine Corps veteran)

We regret that we frequently do not learn of the passing of our members until some time after their deaths.

NATIONAL SERVICE OFFICERS and accredited administrators for members in or around Pennsylvania:

Western Pennsylvania:

Kurtt Robinson, Pittsburgh, 800-795-3629

Eastern Pennsylvania:

Joseph Weeks, Philadelphia, 800-795-3628

Western New York:

Nona Nixon, Buffalo, 800-795-3619

New Jersey:

Newark, 800-795-3617

MEMBERSHIP TOTALS AS OF 31 OCTOBER 2018

Service connected	126
Non-service connected	<u>125</u>
TOTAL	251
Annual Associate Members	14
Lifetime Associate Members	<u>66</u>
TOTAL	80

MEMBERSHIP ELIGIBILITY

Lifetime membership is **free** and there are **no dues required** for qualified **veterans** who apply to the Chapter for membership.

Our newsletter no longer includes a membership application, but you can download one from **www.kpva.org** or just call the office, 412-781-2474 or 800-775-9323.

Life membership in the PVA is available to any U.S. citizen who served on **Active Duty** in the Armed Forces of the United States and who sustained **spinal cord dysfunction** because of traumatic injury or disease. Separation from military service must have been under other than dishonorable conditions.

The Life Member receives all benefits according to the Bylaws of the Chapter of record and has equal voting rights with the other members. The Life Member is also entitled to attend Chapter meetings, hold office at the Chapter and National levels and receive PN Magazine, chapter publications and bulletins from the National Office. In order to hold office, however, the Life Member must receive certification from PVA's National Secretary.

Here's another donation box . . .



. . . that the American Thrift Center has placed in the Pittsburgh region, this one is in the parking lot at the 3 Lakes Golf Club at 6700 Saltsburg Road, Penn Hills, Pa. Thanks to 3 Lakes Golf Club! Donate at this or the other red boxes, or call 412-469-9663 for pickup, especially if you have a lot to donate.

BE ALERT! Look for "Paralyzed Veterans" on the box when that box is red. Also, some other organizations do not keep the proceeds of your donations in Pennsylvania. This second-hand goods donation program is based, organized and operated only in Pennsylvania, and benefits only the programs of the Keystone Chapter of the Paralyzed Veterans of America.

The December Membership Meeting will be held in TWO locations:

The Erie VA Medical Center and the Heinz Campus of the VA Pittsburgh Healthcare System. Call the office to let us know which site you will attend, 800-775-9323 or 412-781-2474.

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The American Thrift Center has been a professional fundraiser for Keystone PVA since 1990. Keystone PVA members are cordially invited to visit our store. Lifetime voting members: Present your PVA membership card and receive a 50% discount on all purchases.

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Must be sent or delivered in electronic format. Must include caption information. Delivery to Keystone PVA gives it the right to use as it deems fit. Due to issues of quality and quantity, we cannot guarantee all submissions can be used.

More people who help
make Keystone PVA work!

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Diane V. Byrnes

Administrative Assistant:

Beth Carmona

Auditor:

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Paralyzed Veterans of America

Keystone Chapter

1113 Main Street, Pittsburgh, PA 15215-2407

Phone 412-781-2474 or 800-775-9323

Fax 412-781-2659

www.kpva.org

keystonepva@comcast.net

VA MEDICAL CENTERS

All VAVS representatives are also Hospital Liaison Officers and Site Leaders for the Keystone Chapter of Paralyzed Veterans.

James E. Van Zandt VAMC

2907 Pleasant Valley Boulevard

Altoona, PA 16602-4377

877-626-2500

William D. Lightner—VAVS

Representative

Kurt Feathers—Deputy Rep.

Abie Abraham (Butler) VA Healthcare System

353 N. Duffy Road

Butler, PA 16001

800-362-8262

Jim Riemer—VAVS Representative

Erie VAMC

135 E. 38th Street

Erie, PA 16504-1559

800-274-8387

John Larese—VAVS

Representative

Rex Nichols—Deputy Rep.

Lebanon VAMC

1700 S. Lincoln Avenue

Lebanon, PA 17042-7529

800-409-8771

Chris Fidler—VAVS Representative

Ken Walters—Deputy Rep.

VA Pgh. Healthcare System University Drive campus

University Drive C

Pittsburgh, PA 15240

800-309-8398

H. John Heinz III campus

1010 Delafield Road

Pittsburgh, PA 15215-1802

800-309-8398

For both campuses:

Tom Strang—VAVS Representative

Jerry Baylor—Deputy Rep.

David Gifford, Deputy Rep.

Ben Williams—Deputy Rep.



The next Keystone PVA MEMBERSHIP MEETING

will be on Saturday, 08 DECEMBER 2018

(Lunch 12 noon; meeting 12:45 p.m.)

Primary site: **Heinz Campus of the VA
Pittsburgh Healthcare System**, 1010

Delafield Road, Pittsburgh PA 15215,

Building 51, Room 1A109.

You can also attend at the

Erie VA Medical Center

135 E. 38th Street, Erie PA 16504-1559

in the second floor conference room

You may also join by conference phone.

Contact the chapter office for details.

RSVP by 30 November

to **412-781-2474** or **800-775-9323**

The mission of Keystone Paralyzed Veterans of America is

to improve the quality of life of paralyzed veterans by

- Encouraging and supporting spinal cord injury and disease research;
- Improving access to health care and other veterans' benefits;
- Assisting in the expansion of opportunities in wheelchair sports and recreation; and
- Advocating for the rights of disabled people, including the reduction and elimination of barriers to accessibility and mobility.

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